

# MOVEMENT

## REHABILITATION CENTRE

### MOVEMENT DISORDERS AND OTHER NEUROLOGICAL AND GERIATRIC CONDITIONS

**Movement Disorders** include Parkinson's Disease, Multiple System Atrophy, Progressive Supranuclear Palsy, Vascular Parkinsonism, Ataxia etc.

**Other neurological conditions** include Stroke, Multiple Sclerosis, Amyotrophic Lateral Sclerosis, Vestibular disorders (BPPV, peripheral hypofunction) etc.

**Geriatric conditions** include post hospitalisation deconditioning, falls and balance problems etc.



#### ONE-TO-ONE

All patients are assessed by a movement disorder specialist physiotherapist and an individualized care plan is formulated for the patient.



#### GROUP EXERCISE

Group exercise classes are available for patients who meet specific criteria based on assessment by our physiotherapist.



#### HOME VISITATION

Home visits (limited) are available for patients who need rehabilitation but have great difficulty in coming to the centre.



## ABOUT US!

Movement Rehabilitation Centre is a physiotherapy centre catered for persons having a Movement Disorder such as Parkinson's disease, other neurological or geriatric conditions. Persons with these conditions require specialized care and rehabilitation. We aim to provide holistic rehabilitation for our patients.

Our physiotherapists are specialized in Movement Disorders and members of the International Parkinson and Movement Disorder Society. They have a range of certification including - Unified Parkinson's Disease Rating Scale (UPDRS) Certification, Lee Silverman Voice Technique (BIG), Parkinson Wellness Recovery (PWR!).



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